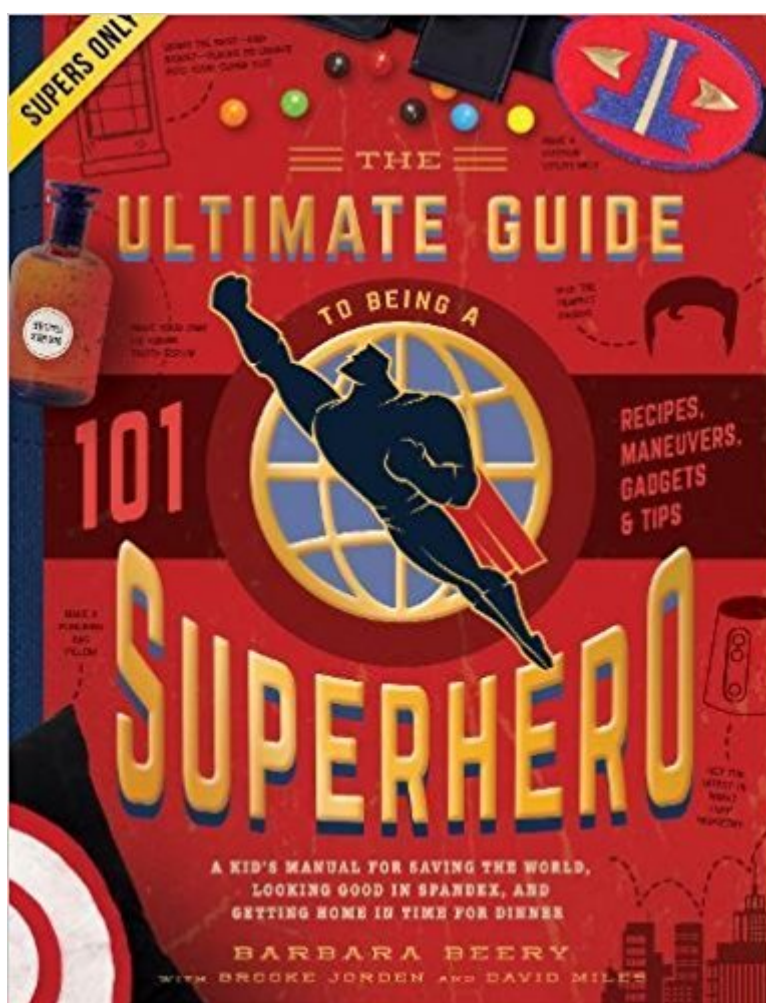


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# The Ultimate Guide To Being A Superhero: A Kid's Manual For Saving The World, Looking Good In Spandex, And Getting Home In Time For Dinner



## Synopsis

When choosing a sidekick, be sure to coordinate colors. To get a supervillain monologuing, simply mention that he or she "won't get away with it." NEVER wear a cape (except to formal events). With these and other clever insights, *The Ultimate Guide to Being a Superhero* is more than just a cookbook! This hardcover, spiral-bound manual is packed with recipes, crafts, tips, quizzes, maneuvers, and gadgets for every aspiring superhero. National kids cooking expert Barbara Beery, author of the bestselling *The Pink Princess Cookbook*, brings her signature flair in this action-packed, fully illustrated manual, sure to delight every superchild and every parent looking for great ideas. Recipes and crafts include: Kryptonite Cupcakes Dinner in Disguise Dynamite Candy Bites DIY Utility Belts Super Suit Stitches and much more! Plus must-have tips for every aspiring hero, including: How to interview a potential sidekick ( How do you feel about being used as bait? ) Where not to house your secret hideout Common wardrobe malfunctions to avoid Catchy comeback phrases, and more!

## Book Information

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Age Range: 6 - 11 years

Grade Level: 1 - 6

## Customer Reviews

Barbara Beery, the bestselling author of *The Pink Princess Cookbook*, has been a spokesperson for such national companies as Sun Maid Raisin, Uncle Ben's, Borden's, Kellogg's Rice Krispies, and Step 2. Barbara has been a contributing writer to *Family Fun*, the country's leading family magazine.

She has appeared twice on the Today Show and the CBN with Pat Robertson. Beery's business has been featured in the New York Times and Entrepreneur Magazine, as well as dozens of other local and national publications. She has worked closely with Get Moving, Cookies for Kids Cancer, Rachael Ray's Yum-o Organization, and No Kids Hungry. She is the author of twelve books, having sold more than 500,000 copies. She resides in Austin, Texas.

Adorable book for kids has imaginative superhero activities and stories.

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